

Child Psychiatry in Primary Care

May 5-6, 2011

DOUBLETREE HOTEL
BURLINGTON, VT

Special viewing of
"Shout it Out"
with Director
Bess O'Brien
Kingdom County
Productions



The
UNIVERSITY
of VERMONT

COLLEGE OF MEDICINE

In alliance with Fletcher Allen Health Care



Vermont Center for
Children Youth & Families
Vermont Family Based Approach

COURSE DESCRIPTION

This is the sixth meeting of this highly acclaimed conference for which previous attendees have praised for its quality and usefulness. This year's conference will feature lectures on a broad variety of topics including updates on local and national initiatives to increase access to quality mental health care.

AUDIENCE

Pediatricians, Family Medicine Physicians, Other Primary Care Providers, Mental Health Professionals, Educators, Social Workers

OBJECTIVES

The objective of this conference is to equip primary care clinicians and other professionals with practical and updated strategies for the diagnosis and treatment of many of the most common childhood psychiatric conditions and problems. Specific topics to be addressed at this conference include bullying, aggression, and sleep problems.

Emphasis will focus on incorporating strategies within the practical confines of a busy outpatient setting. Treatment options, both pharmacological and nonpharmacological, will be presented. A practical handout, designed to be used as a reference in the office, will be distributed. There will also be opportunities for small group discussion of your specific clinical questions.

After participating in this conference, attendees should:

1. Have the diagnostic skill to recognize aggression and dysregulation apart from bipolar disorder and to recommend an evidence-based course of action.
2. Be able to offer recommendations to schools for how to implement an effective anti-bullying campaign.

REGISTRATION & CANCELLATION

All course materials, continental breakfasts and coffee breaks are included. Refunds, less a \$50 administrative fee, are available if cancellation is made prior to April 13, 2011. No refunds are possible after that date.

COURSE DIRECTOR

David C. Rettew, MD

Associate Professor of Psychiatry and Pediatrics
Director, Pediatric Psychiatry Clinic
Program Director, Child & Adolescent Psychiatry Fellowship
University of Vermont College of Medicine

FACULTY

Robert R. Althoff, MD, PhD

Assistant Professor, Psychiatry,
Psychology and Pediatrics
Director, Division of Behavior Genetics
University of Vermont College of Medicine

Barbara Frankowski, MD, MPH

Professor, Pediatrics
University of Vermont College of Medicine

Allison Y. Hall, MD

Assistant Professor, Psychiatry
University of Vermont College of Medicine

James J. Hudziak, MD

Professor, Psychiatry, Medicine and
Pediatrics
Thomas M. Achenbach Chair in
Developmental Psychopathology
Director, The Vermont Center for Children,
Youth and Families
University of Vermont College of Medicine
Professor; Genetics of Childhood
Behaviour Problems, Biological
Psychology, Vrije Universiteit, Amsterdam,
The Netherlands
Visiting Professor; Child Psychiatric
Genetics, Sophia Children's Hospital
ErasmusMC, Rotterdam, The Netherlands

Masha Y. Ivanova, PhD

Research Assistant Professor, Psychiatry
University of Vermont College of Medicine

Craig A. Jones, MD

Executive Director, Vermont Blueprint
for Health
Vermont Department of Health

Joan Kaufman, PhD

Associate Professor, Psychiatry
Yale University

John G. Koutras, MD

Assistant Professor, Psychiatry and
Pediatrics
Director, Medical Student Education
in Psychiatry
University of Vermont College of Medicine

Bess O'Brien

Filmmaker, Kingdom County
Productions

Annie Ramniceanu, LCMHC, LADC

Clinical Director, Spectrum Youth and
Family Services
Burlington, VT

Jess P. Shatkin, MD, MPH

Vice Chair for Education
NYU Child Study Center
Associate Professor, Child and
Adolescent Psychiatry and Pediatrics
NYU School of Medicine

Judith S. Shaw, EdD, MPH, RN

Executive Director, Vermont Child
Health Improvement Program
Research Associate Professor, Pediatrics
and Nursing
University of Vermont College of Medicine

Thursday, May 5

- 8:15am Registration & Continental Breakfast
- 9:00 Opening Comments
David Rettew, MD
- 9:15 What's Hot in Child Psychiatry
James Hudziak, MD
- 10:00 AAP's Mental Health Initiative
Barbara Frankowski, MD, MPH
- 10:45 BREAK
- 11:00 Practical Psychopharmacology
John Koutras, MD
- 11:45 Lunch on Own
- 1:00pm Film: *Shout it Out*
Bess O'Brien and David Rettew, MD

Winner of the 2010 NEA Human and Civil Rights Award
www.kingdomcounty.com



- 3:00 BREAK
- 3:15 Aggressive But Probably Not Bipolar:
Treatment Suggestions
Robert Althoff, MD, PhD

- 4:00 Breakout Session I (Concurrent)
1. What to Expect from DSM5
2. Parenting and Wellness Guidance at Annual Health Checks
3. Focused Family Coaching with Families at Risk
4. Tele-Child Psychiatry
- 5:00 Adjourn

Friday, May 6

- 7:45am Continental Breakfast
- 8:15 The Vermont Family-Based Approach
James Hudziak, MD
- 9:00 Sleep Problems in Youth
Jess Shatkin, MD, MPH
- 9:45 Child Trauma: Effects and Interventions
Joan Kaufman, PhD
- 10:30 BREAK
- 10:45 Breakout Session II (Repeated)
- 11:45 Lunch on Own
- 1:00pm Substance Abuse in Adolescence
Annie Ramniceanu, LCMHC, LADC
- 1:45 Panel Discussion - ***Bring Your Case-Based Questions***
- 2:30 BREAK
- 2:45 Vermont State Initiatives in Child Mental Health
Craig Jones, MD and Judith Shaw, EdD, MPH, RN
- 3:30 Bullying
David Rettew, MD
- 4:15 Conference Adjourns

ACCREDITATION

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits*TM.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Determination of credit for nursing contact hours is pending.

CONFERENCE LOCATION

The conference will be held at the Doubletree Hotel in Burlington, VT. Take Exit 14E from I89. Merge onto Williston Road. The hotel will be just past Dorset Street on the right.

A limited number of rooms with reduced rates has been reserved for conference registrants at the Doubletree. Please make your hotel reservations directly with the hotel (802-658-0250) prior to April 5 and indicate your participation in this conference to receive special rates (\$98 single - quad occupancy per room, per night). Rooms cannot be guaranteed after April 5, 2011.

ENJOYING BURLINGTON

Burlington is ideally situated on the shores of Lake Champlain, the sixth largest freshwater lake in the U.S. It offers panoramic views of the Adirondack and Green Mountains, great shopping and excellent restaurants. A bike path explores more than 7 miles of the lakeshore and bikes are available for rent nearby. Numerous shopping opportunities are available. Within an hour's drive are the Ben & Jerry's Ice Cream Factory, UVM Morgan Horse Farm, and tours of the world's largest granite quarry. Fishing opportunities abound.

FLASH DRIVE VS. SYLLABUS

Please indicate on the registration panel if you wish to receive a Flash Drive with pdf versions of the presentations, or if you wish to receive a traditional syllabus binder with printed handouts. (If you choose flash drive, then you will be required to bring your laptop. Extra books will not be available.) You may opt to receive both a syllabus as well as a flash drive, however a \$15 charge will apply.

REGISTRATION FORM - Child Psychiatry

Or Register on-line: <http://cme.uvm.edu>

Name: _____

(As it will appear on Nametag and Certificate)

Degree: MD DO PA NP RN Other _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: () _____

Email: _____

Specialty: _____

Initials Last 4 digits of your SSN#

_____ - _____ (for CME Tracking Purposes Only)

Registration Fee Summary:

\$325 Physicians

\$250 PA, Nurse, etc.

There will be opportunity to attend two workshops. Please rank order your preferences from 1 (most) to 4 (least desirable). There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. WORKSHOP ASSIGNMENTS WILL BE MADE IN ORDER OF REGISTRATION RECEIPT.

____ What to Expect from DSM5

____ Behavioral Wellness Guidance at Annual Health Checks

____ Focused Family Coaching with Families at Risk

____ Tele-Child Psychiatry

Flash Drive vs. Syllabus (Choose only one)

I wish to receive a Flash Drive and will bring my laptop.

I wish to receive a Syllabus binder with printed handouts.

Optional (\$15): Receive both a syllabus *and* a flash drive.

Late Fee: After March 1, 2011 - Add: \$50

\$ _____ TOTAL DUE

Payment Method

Check (payable to The University of Vermont)

Visa MasterCard American Express

Credit Card # _____ Exp. _____

Signature _____

Billing address, if different from address above:

Mail to: University of Vermont, Continuing Medical Education
128 Lakeside Ave, Suite 100, Burlington, VT 05401

Phone: (802) 656-2292 **Fax:** (802) 656-1925